### **DONOR FAMILY CONNECTION & SUPPORT GROUPS**

Meet and interact with other courageous donor families who come together to share their stories and provide one another with unconditional support. We invite you and your loved ones to participate or just observe. Join us whenever you are available.

## Men's-only Group

Meet and interact with other courageous donor family men. Our men's only support group is provided in partnership with Emilio Parga from The Solace Tree.

When: Every other Tuesday at 5:30pm Pacific

Register here: <a href="https://us02web.zoom.us/meeting/register/tZwpdOqgpjwuGd0347iWNLYT11DfXj4F\_0hd">https://us02web.zoom.us/meeting/register/tZwpdOqgpjwuGd0347iWNLYT11DfXj4F\_0hd</a>

#### **General Adult Group**

Meet and interact with other courageous donor families. Our general adult support group is provided by Nevada Donor Network volunteer, Shane Chapple, a Certified Professional Counselor who has served in the mental health field for over 25 years.

When: The first Wednesday of each month at 7:00pm

Register here: https://us02web.zoom.us/meeting/register/tZMldO-hgTssG9X7ZuYtio9li5ge376NrPi2

#### **Camp Cope for Children & Teens**

Help children and teens communicate about their grief and learn coping skills through activities with others who share similar life changing experiences. Our Camp Cope for children and teens program is provided in partnership with Adam's Place.

When: Orientations offered August 18th and 25th at 5:30pm

Camp Cope sessions will begin Sept 1<sup>st</sup> and will be held each Thursday for 6 weeks at 5:30pm Register here: <a href="https://adamsplacelv.org/support-services/nv-donor-network-register-for-camp-cope/">https://adamsplacelv.org/support-services/nv-donor-network-register-for-camp-cope/</a>

# **Writing to Recipients Workshop**

This workshop is to better understand the process of writing a letter to your loved one's recipient(s) and answer any questions you may have. You'll be able to see examples of letters written by other donor families for inspiration.

When: Wednesday, Aug 10, 2022 at 6:00pm

Register here: https://us02web.zoom.us/meeting/register/tZAucuCsrTsrG9fOLxdFR0SSDn7jyjTeSIHW

## **Preparing for the Holidays Workshop**

This workshop is to discuss resources and coping methods that may help navigate grief through the holidays.

When: Wednesday, November 2, 2022 at 6:00pm

Register here: https://us02web.zoom.us/meeting/register/tZMlc-uprT4iGtBknTt4nVHSnd1X7UdqiAyo